- RESULTS-
'Where's the Food' Community Survey

The 'Where's the Food' community survey was made available both online and in hard-copy throughout the month of December 2010. The hard copies were available at a few locations within Fitzroy Harbour, and were also distributed via committee and community members. An article introducing the survey appeared in local newspapers/newsletters. Forty-four (44) persons responded to the survey online, plus 23 persons responded to a hard copy of the survey for a total of 67 respondents. There are approximately 400 households in Fitzroy Harbour, but as can be seen in Question 11 below some respondents were from outside the area, and some did not indicate in which postal code area they live. As such it is difficult to determine the exact response rate for Fitzroy Harbour.

Community Garden

1. **If a community garden was started in Fitzroy Harbour, how likely is it that you/your family would participate in it?**

    - 32% (20/63) responded **Very unlikely**
    - 21% (13/63) responded **Unlikely**
    - 21%(13/63) responded **Undecided**
    - 17% (11/63) responded **Likely**
    - 10% (6/63) responded **Very likely**

    Comments:

    - "We have enough space on our property for our own garden.".
    - "My husband owns his own farm".
    - "We have our own garden, but it would be nice to be able to make a small profit (money making exercise for kids) off of the excess we don't use".
    - "Don't live right in village so it hard to tell".
    - "We already have a big garden".
    - "We've moved 10 kilometers out of Fitzroy, so I'm undecided".
    - "We have already our own very large garden".
    - "We have a large garden on our property".
    - "We are on a farm".
    - "We already have four raised beds in which we grow vegetables and herbs".
    - "What a great idea!".
    - "We have our own garden".
    - "I have my own garden".
    - "Prices would have to be better than grocery store, financial concerns".
    - "If there are any opportunities please email suzanne.taylor@live.ca".
    - "What does participate mean? Hard to commit to this you don't know time??
      As a committed volunteer - help "garden".
      Gardeners - some time??"

Good Food Box

2. **How likely is it that you/your family would participate in the Good Food Box program if it came to Fitzroy Harbour?**

    - 17% (11/64) responded **Very unlikely**
    - 19% (12/64) responded **Unlikely**
    - 28% (18/64) responded **Undecided**
    - 25% (16/64) responded **Likely**
    - 11% (7/64) responded **Very likely**

    Comments:

    - "Most of my food is grown on the farm".
    - "Would like to see our own residents i.e. Harvest Moon, be a supplier vs a farm from Ottawa South - and pesticide free!"
    - "It would depend on what items were available and the cost. Presently we are able to use pick your own fruit farms and have most of our own vegetables".

- “I would like to see how this would unfold with regards to how it could best suit my families needs”.
- “Supporting local growers and producers is a very important part of a healthy community for sure!”
- “At the moment we can drive to the farmers markets, grocery stores, etc.”
- “I run one at work for Kanata but could move it”.
- “What a great idea”.

Meals on Wheels

3. **How likely is it that you would participate in a Meals on Wheels <u>hot meal</u> program?**

- 47% (30/64) responded **Very unlikely**
- 20% (13/64) responded **Unlikely**
- 8% (5/64) responded **Undecided**
- 11% (7/64) responded **Likely**
- 5% (3/64) responded **Very likely**
- 9% (6/64) responded **Does not apply**

4. **How likely is it that you would participate in a Meals on Wheels <u>frozen meal</u> program?**

- 44% (27/61) responded **Very unlikely**
- 26% (16/61) responded **Unlikely**
- 7% (4/61) responded **Undecided**
- 8% (5/61) responded **Likely**
- 5% (3/61) responded **Very likely**
- 10% (6/61) responded **Does not apply**

Comments:

- “I am very unlikely to participate, would think it's a good idea for interested”.
- “I would consider participating as a volunteer”.
- “Clarity - does this question mean receiving the meals? or delivering the meals?
- I have done this for my mother-in-law (92 years of age) and she loves the food choices available. 10 meals per week we purchase for her. Trying to get own parents to use this service for a change and less burden on them”.
- “When we are much older!”
- “With two of us working full time…we struggle to spend quality time with our children”.
- “I would how ever volunteer to deliver”.
- “We don't qualify”.
- “You mean help deliver? Already involved in WOCRC in Crystal Beach area. As able, based on time commitment”.
- “Would like to be able to provide this as a gift idea to family, relative or friends”.
- “We don't qualify”.

Transportation

5. **If a weekly shuttle service to a grocery store was offered to residents of Fitzroy Harbour, how likely is it that you would use it?**

- 53% (34/64) responded **Very unlikely**
- 23% (15/64) responded **Unlikely**
- 5% (3/64) responded **Undecided**
- 13% (8/64) responded **Likely**
- 6% (4/64) responded **Very likely**

Comments:

- “I am not a senior”.
- “When we are much older perhaps”.
- “Maybe in the future as we age”.
- “We usually purchase groceries in Arnprior, where we go on a regular basis”.
- “Not at this time”.

- "I work in town and the store is close to my work".
- "Able to drive myself".
- "As able, based on time commitment".

Country Kitchen

6. How likely is it that you/your family would participate in a Country Kitchen program?

- 33% (21/63) responded **Very unlikely**
- 16% (10/63) responded **Unlikely**
- 17% (11/63) responded **Undecided**
- 24% (15/63) responded **Likely**
- 6% (4/63) responded **Very likely**
- 3% (2/63) responded **Already participating in Country Kitchen**

Comments:

- "Time, time, time…where to find the time?"
- "I would volunteer to help with such a program".
- [I work with the] "Dunrobin Community Center - it is possible to open up to this effort".
- "Very occasionally".

School program –for parents only

7. Would your family be interested in having a daily breakfast program at your child's school?

- 34% (16/47) responded **Yes**
- 66% (31/47) responded **No**

Comments from those who responded "Yes":

- "Stonecrest Elementary School".
- "Stonecrest Elementary School".
- "St Michaels next year".
- "St. Michaels Fitzroy Harbour".
- "St. Michael - a variety of hot oatmeal, cereal, fruits etc.... would be great....I would even pay for it".
- "Saint Michaels. We are grandparents, and think the concept is a good one!"
- "St. Michaels Fitzroy, it would make so much easier on us working families in the morning…"
- "My child will be starting at St. Michael's in Fitzroy in September 2011".
- "St. Isidore, Kanata".
- "All Saints High School - early mornings to catch school bus, sometimes kids don't get enough time for solid breakfast".
- "My children are no longer in grade school but should there be a need at the local primary school(s), I strongly support the initiative".
- "We wouldn't use it, but I believe there is a need for it. I have seen kids around here not being fed properly".
- "Our children are grown and we have no grandchildren in the local school; however, if this program was needed, we would fully support it".
- "No children now in school, a good idea".
- "I think it is a good idea but my son does not attend his local school".

Other comments:

- "NO definitely not. There is no reason a child cannot arrive at school with something for breakfast. This takes the onus off the parents. Please direct any funding / resources that may be available for a program like this and investigate why a child is arriving with out breakfast. You'll likely uncover a whole host of things that would benefit the child more than providing a meal. We feed our children and work hard to get have that ability".
- "I'm not sure what you are looking for? Example my opinion or help? - it is not clear".

Volunteering

8. a) **Would you be interested in volunteering with any of the programs mentioned above?**

    - 26% (15/57) responded **Yes**
    - 74% (42/57) responded **No**

    b) If yes, please describe your interest:

    - "If any of the programs were established, the Fitzroy Harbour Community Association would be able to assist with publicizing their availability".
    - "I would be happy to help with a hot breakfast program at the school".
    - "Still working full time in Gatineau".
    - "I understand first hand how important volunteers and accessibility is because I have tried obtaining resources for Mother-in-law - Arnprior District as well as own parents - very time consuming and frustrating with lack of response in some cases".
    - "It will depend on future work and kids schedule".
    - "Frozen meals on wheels program".
    - "Community garden".
    - "Country kitchen".
    - "Community garden".
    - "With seniors already do".
    - "I run the DCA it consumes most of my time. However if the community center could be of service I'm sure I could help".
    - "I have too much on my plate right now".
    - "As indicated, not as a USER or client".

    c) If you are interested in volunteering or if you would like us to follow up with you regarding any of your responses, please provide your contact information below OR contact Maria Matthews at the Western Ottawa Community Resource Centre at 613-591-3686 x. 256 or matthews@communityresourcecentre.ca

    - Details shared with Maria Matthews.

Optional section –Demographic Information

9. **Please indicate your age range:**

    - 0% (0/60) responded 18 years or less
    - 3% (2/60) responded 19 to 30 years
    - 15% (9/60) responded 31 to 40 years
    - 35% (21/60) responded 41 to 50 years
    - 22% (13/60) responded 51 to 60 years
    - 17% (10/60) responded 61 to 70 years
    - 7% (4/60) responded 71 to 80 years
    - 2% (1/60) responded 81 years or over

10. **Please indicate how many persons in total live in your household:**

    - 2% (1/58) indicated **1 person**
    - 40% (23/58) indicated **2 persons**
    - 16% (9/58) indicated **3 persons**
    - 34% (20/58) indicated **4 persons**
    - 9% (5/58) indicated **5 persons**

11. **Please indicate your postal code:**

    - 66% (38/58) indicated **K0A 1X0 (Fitzroy Harbour)**
    - 19% (11/58) indicated **K0A 1T0 (Dunrobin)**
    - 5% (3/58) indicated **K0A 3M0 (Woodlawn)**
    - 3% (2/58) indicated **K0A 2H0 (Kinburn)**
    - 7% (4/58) provided **other postal codes:**
        - K7S 3X8 (Arnprior)
        - K2K 7V5 (Kanata)

- K2K 1X7 (Kanata)
- K2G 0S6 (Nepean)